

Mary E. Joyce, L.P.C., C.A.D.C. I

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Philosophy and Approach: I believe that adding new skills and understanding to the strengths that you have will help you develop new strength and improve your quality of life.

Formal Education and Training: I received a Master's degree in Counseling Psychology from Pacific University where I studied the fundamentals of counseling from a cognitive (thoughts) behavioral (reactions/ responses) perspective. Courses of study include: Assessment of Individuals, Interview and Counseling Skills, Group Dynamics, Social and Cultural Foundations, Psychoactive Substances, Research Methods, Professional Ethics, Behavior Therapy, Adult Roles and Contexts. Additional studies include Brain Based Therapy, Diagnosis, DBT and Addiction, 1st Mental Health Responder Disaster Preparedness Training, Relapse Prevention and Mindfulness Meditation, PTSD Prolonged Exposure Therapy, Counseling African American Clients. I take a biological, brain based approach to our understanding of what you are experiencing. I try to pursue my continuing education in that direction with an intention of bringing you evidence based practices that you can incorporate into your personal growth.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I will abide by its Code of Ethics. To maintain my license, I am required to participate in annual continuing education, taking classes dealing with subjects relevant to this profession. If you have any questions about this I am happy to explain further.

Fee for service for the initial session is billed at \$150.00 and additional sessions are billed at \$110.00 per session. Consideration for reduced fees in case of economic hardship can be considered on a case by case basis.

As a client of an Oregon licensee you have the following rights:

- To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Oregon Board of Counselors and Therapists and to have the board confirm credentials of a licensee;
- To obtain a copy of the code of ethics
- To report complaints to the Board
- To be informed of the cost of professional services before receiving services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) reporting imminent danger to client or others; 3) reporting information required in court proceedings or by client's insurance companies or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by client against licensee;
- To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at 3218 Pringle Rd, SE, #120, Salem, OR, 97302-6312. (503) 378-5499. E-mail: lpct.board@oregon.gov. Website: www.oregon.gov/OBLPCT.